

School Staff training Pre-Test Questions

True or False

1) Asthma is a curable disease

☐ True

☒ False

2) Nationwide, asthma is a leading cause of school absences.*

☒ True

☐ False

3) Montana law permits some students to self-carry their own asthma medication.*

☒ True

☐ False

4) Asthma medications, especially inhaled corticosteroids, are generally safe at the doses prescribed.*

☒ True

☐ False

Multiple choice: Please select the best answer (or answers, where indicated).

5) Asthma affects about _____ Montana children, aged 1-17 years old.*

☐ 17,000

☒ 10,500

☐ 21,000

☐ 25,000

6) What do students need on file at school in order for them to have medication kept at the school?*

☒ An authorization form signed by both a parent/guardian and a healthcare provider

☐ An authorization form signed by the parent

- ☐ An authorization form signed by both a parent and a school nurse
- ☐ Students do not need anything in order to have their medication kept at the school

7) Select three things (triggers) that might commonly cause a student to have asthma symptoms.*

- ☒ School bus exhaust
- ☐ Crayons
- ☐ Classroom fish tank
- ☒ Strong perfumes or colognes
- ☒ Lots of pollen in the air
- ☒ Having a cold or the flu

8) What are the 2 main types of asthma medications?*

- ☐ Antihistamine medication
- ☒ Controller medication
- ☒ Quick-relief or rescue medication
- ☐ Long-acting stimulant medication

9) Choose two common early warning signs of an asthma attack:*

- ☐ Earache
- ☐ Upset stomach
- ☒ Wheezing
- ☒ Coughing

10) Of the two main types, which one type of medication should all students with asthma have stored at your school?*

- ☒ Quick-relief or rescue medication
- ☐ Antihistamine medication
- ☐ Controller medication
- ☐ Long-acting stimulant medication

11) Choose 2 things that you should do if a student starts showing asthma symptoms:*

- ☐ Give them an injection of epinephrine

- ☒ Monitor the child to make sure they improve
- ☒ Consult the child's asthma action plan for the appropriate step to take
- ☐ Have the child lay down

12) Choose 2 signs that a student's asthma is getting worse and 911 should be called:*

- ☐ The student becomes very thirsty.
- ☒ The student's neck muscles are pulling in and her nostrils are flaring as she breathes.
- ☒ The student is reacting sluggishly.
- ☐ The inhaler medication administered has improved her symptoms.

13) The 2 main causes of airway narrowing during asthma attacks are:*

- ☐ Increased breathing rate and mucus production
- ☒ Inflammation
- ☒ Muscle tightening
- ☐ Excessive coughing
- ☐ Increased saliva production

14) Which is the MOST common way to trigger an anaphylactic reaction?

- ☒ Ingestion (eating)
- ☐ Inhalation (breathing in)
- ☐ Skin contact (touching)
- ☐ None of the above

15) Select 2 steps that you should take if you believe that a student is experiencing symptoms of anaphylaxis.*

- ☒ Call 911
- ☒ Administer epinephrine
- ☐ Direct the student to use his/her inhaler.
- ☐ Before doing anything, wait to see if the student gets better.